

LENTEN DISH—Approval of the whole family is guaranteed with new Foremost Vegetable Ring. Nutritious, hot and flavorful, it attracts the eye as well as the palate. It's made with fresh-tasting evaporated milk.

Vegetable Ring Chosen As Basic Lenten Dish

Here's a tasty and attractive choice for those meatless Lenten menus. It's the basic recipe for the vegetable ring. With this recipe as a starter, you can create a variety of easily prepared meals that will enhance your Lenten table.

While the recipe calls for one and one-half cups of chopped raw spinach, the same amount of cob cut corn, cooked noodle or rice, or even chopped or ground cooked meat can be substituted to produce many different entrees.

Or, one cup of "wet" ingredients such as solid pack tomatoes, cream-style corn, chopped zucchini or egg plant can be used.

FOREMOST BASIC SPINACH RING

¾ cup Foremost fresher-tasting evaporated milk
4 tablespoons each butter and flour

½ teaspoon salt
¼ teaspoon white pepper
1½ cups chopped raw spinach (or your choice of other ingredients)
3 eggs, separated

Melt butter, add flour and blend. Stir in undiluted Foremost evaporated milk while cooking to thick paste. Add salt and pepper and stir into the three slightly beaten egg yolks. Add chopped raw spinach and fold in the three egg whites, stiffly beaten.

Turn into casserole or ring mold (grease either very well with unsalted shortening) and set in a pan of tepid water. Bake in a moderate, 350 degree, oven until custard is set 48 to 52 minutes.

Fill ring center with vegetable of contrasting color and surround with another vegetable to complement the "picture."

Grand Officers Greeted By Four Jobie Bethels

Bethels 137 of Lomita, 50 of Torrance, 57 of Wilmington and 24 of San Pedro of the Job's Daughters met at the Lomita Masonic Temple on Jan. 27 for the official visits of Mildred Mihelich, grand guardian and Richard Simon, associate grand guardian.

Presiding during the evening were Honored Queens Sharon Brown of Lomita, Beverly Oren of Torrance, Carrie Wilson of Wilmington and Marilyn Goodrich of San Pedro.

One girl from each Bethel was initiated as part of the evening's program. Another highlight of the evening was the singing of the "Lord's Prayer" by the choirs from the four Bethels.

The Grand Guardian was given a cross made of white gardenias during the escort. During presentations she received a triangle of white styrophone and purple net with money attached to the center of the triangle. The Associate Grand Guardian received a ceramic pin overflowing with silver dollars.

Each queen presented them with certificates of members in her Bethel. Sharon Brown of Lomita presented each with a gavel inscribed with the date of the meeting and the names of the honored queens.

Entertain

Entertaining a table of friends at The Polynesian Restaurant with tropical drinks and island specialties recently were Mr. and Mrs. Clarence Kibbee of Torrance.

Decorations for the evening were done by the Lomita line officers with Sharon Brown in charge. Purple net and Honored Queen dolls decorated the tables with the inscription "Fairest in the Land" as the centerpiece.

Punch, sandwiched and cake were served by past honored queens from each Bethel.



TO WORSHIP
"Worship the Lord in the beauty of holiness."

PSALM 29:2
A CORDIAL WELCOME AWAITS YOU HERE

SUNDAY SERVICE

9:15 A.M.—First Worship Service and Sunday School for Nursery through Junior.

10:45 A.M.—Duplicate Worship Service and Sunday School for Jr. High School through Adults.

6:15 P.M.—Pastor's Class
8:30 P.M.—Fellowship Groups for all ages.

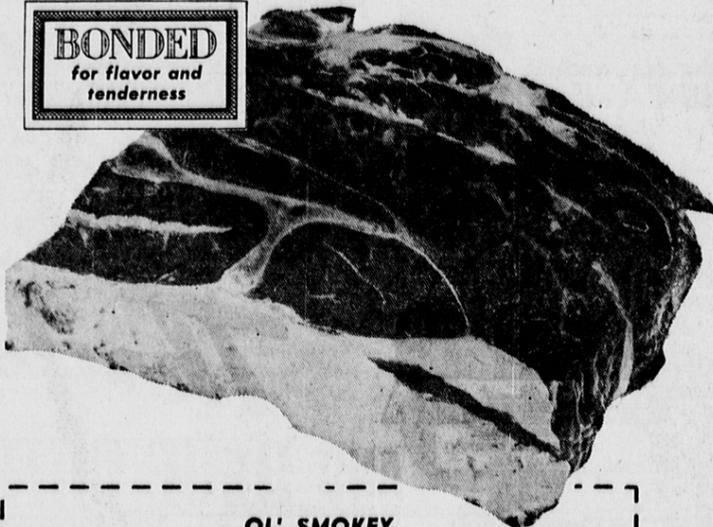
7:30 P.M.—Evangellistic Hour—Youth Choir—Chorus—Testimony Time.

Pastor Preaching all Services
Nursery open for your convenience.



LOW PRICES... BLUE STAR CHIP STAMPS

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OL' SMOKEY

Smoked Picnics

5 TO 7 LB. AVERAGE

Wonderful old-fashioned hickory smoked flavor... tender, fine-textured picnics that are really delicious... from selected eastern pork... the finest you've ever tasted!... An all-meal favorite—and so economical.

29¢ LB.

7-BONE Chuck Roast



"Center Cut" . . . all center cut, you get no blade ends! Lucky selects only the most desirable sizes of the finest USDA Graded "Choice" Beef, so you get only the best! . . . Far superior in tenderness and rich flavor . . . and every single center cut roast is trimmed in Lucky's special style to remove excess waste and fat . . . so you get more meat for your money.

Round Bone Chuck Roast

Here is a fine value tool . . . Very small round bone and trimmed of excess fat before weighing.

Cross Rib Chuck Roast

"Boneless" . . . Here's the ultimate in waste-free tender flavorful meat . . . It just can't be beat!

Chuck Steaks . . . 49¢ lb.

Enjoy the flavor that only chucks can give . . . freshly cut from the finest USDA graded "choice" beef.

Ground Chuck . . . 55¢ lb.

Flavorful beyond words . . . fresh, lean chucks . . . precisely ground to retain all its flavor.

Sliced Bacon . . . 45¢ lb.

Ol' Smokey . . . so tasty as bacon and tomato sandwiches.

Link S

Ol' Smokey skin

Large

Gulf-caught larg

Whit

Pan-ready . . . 60¢

Tomatoes

Fresh Daily . . . Snappy with Flavor . . . Solid Red-Ripe Tomatoes . . . for extra flavor in soups or stews . . . for between-meal snacks . . . and they will add sparkling flavor and brilliant color to your favorite salad.

2 LBS. **29¢**

Broccoli 2 lbs. 29¢

Northern-iced Broccoli . . . Tight green heads . . . Wonderful with cream sauce or broccoli au gratin.

Pippin Apples 3 lbs. 29¢

Oregon's Lively Tasting Apples . . . An excellent dessert with sharp cheese.

Fuerte Avocados . . . 2 for 15¢

Large Size Fuertes . . . Fine in any salad or delightful canape spread.



DELICATESSEN SPECIALS

Longhorn Cheese 59¢

Rindless . . . Full-flavored rich creamy cheese with its own distinctive flavor.

Salami Chubs 1½-Lb. 98¢

Hygrade All-Beef Salami for tasty party snacks.

Bologna Chubs 1½-Lb. 89¢

Hygrade . . . All Meat Bologna . . . Deliciously blended meat ready to serve.

M-J Velv Fruit Orange

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KLAC Salute to Lucky Specials

Kaiser Broiler Foil 14-ft. Roll 45c

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Kleen King Copper Cleaner 12-oz. Can 29c

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Wrigley's Gum 6 for 23c

KLAC Salute to Lucky Specials



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LUX TOILET SOAP
3 Reg. Bars 35c

LUX TOILET SOAP
2 Bath Size 33c

WISK DETERGENT
Quart Bottle 79c

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